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| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
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| | | | 8:30 Breakfast/Life Skills 10:30 Music & Movement (light chair exercises) 11:30 Lunch/Oshibori 1:00 Puzzle/Word Game! 2:00 Snack Break/Conversation Cards 5:00 Dinner 7:30 Evening Stretching/Life Skills | 8:30 Breakfast/Life Skills 9:30 Morning Strolls/Hallway Walk 10:30 Music & Movement (light chair exercises) 11:30 Lunch/Oshibori 1:00 Game/Trivia Day 1:30 Rosary & Communion in the Chapel 2:00 Snack Break/Conversation Cards 5:00 Dinner 7:30 Evening Stretching/Life Skills | 8:30 Breakfast/Life Skills 10:30 Music & Movement (light chair exercises) 11:30 Lunch/Oshibori 1:00 Game/Trivia Time! 2:00 Happy Hour! (AL dining room) 2:00 Snack Break/Conversation Cards 5:00 Dinner 6:00 Friday Night Movie 7:30 Evening StretchingVLife Skills | 3 8:30 Breakfast/Life Skills 10:00 Nail Care 11:30 Lunch/Oshibori 2:00 Snack Break/Conversation Cards 5:00 Dinner 7:30 Evening StretchingVLife Skills |
| 8:30 Breakfast/Life Skills 9:30 Communion Service (FC dining room) 10:30 Catholic Mass Ch. 14 11:30 Lunch/Oshibori 2:00 Sunday Stories & Comics 2:00 Snack Break/Conversation Cards 5:00 Dinner 6:00 Rosary & soft Music 7:30 Sunday Stretching & bedtime Life Skills | 8:30 Breakfast/Life Skills 9:30 Morning Strolls/Hallway Walk 10:30 Music & Movement (light chair exercises) 11:30 Lunch/Oshibori 2:00 Movie 2:00 Snack Break/Conversation Cards 5:00 Dinner 7:30 Evening Stretching\/Life Skills | 8:30 Breakfast/Life Skills 9:30 Rosary & Confessions 10:00 Catholic Mass in the Chapel 10:30 Music & Movement (light chair exercises) 11:30 Lunch/Oshibori 1:00 Craft/Group activity 2:00 Snack Break/Conversation Cards 4:00 Reading Time 5:00 Dinner 7:30 Evening Stretching/Life Skills | 8:30 Breakfast/Life Skills 10:30 Music & Movement (light chair exercises) 11:30 Lunch/Oshibori 1:00 Puzzle/Word Game! 2:00 Snack Break/Conversation Cards 5:00 Dinner 7:30 Evening Stretching/Life Skills | 8:30 Breakfast/Life Skills 9:30 Morning Strolls/Hallway Walk 10:30 Music & Movement (light chair exercises) 11:30 Lunch/Oshibori 1:00 Baking Day 1:30 Rosary & Communion in the Chapel 2:00 Snack Break/Conversation Cards 5:00 Dinner 7:30 Evening StretchingVLife Skills | 8:30 Breakfast/Life Skills 10:30 Music & Movement (light chair exercises) 11:30 Lunch/Oshibori 1:00 Game/Trivia Time! 2:00 Happy Hour! (AL dining room) 2:00 Snack Break/Conversation Cards 5:00 Dinner 6:00 Friday Night Movie 7:30 Evening StretchingVLife Skills | 10 8:30 Breakfast/Life Skills 10:00 Nail Care 11:30 Lunch/Oshibori 2:00 Snack Break/Conversation Cards 5:00 Dinner 7:30 Evening Stretching\/Life Skills |
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