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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			 8:30 Breakfast/Life Skills 10:30 Music & Movement (light chair exercises) 11:30 Lunch/Oshibori 1:00 Puzzle/Word Game! 2:00 Snack Break/Conversation Cards 5:00 Dinner 7:30 Evening Stretching/Life Skills 	8:30 Breakfast/Life Skills 9:30 Morning Strolls/Hallway Walk 10:30 Music & Movement (light chair exercises) 11:30 Lunch/Oshibori 1:00 Game/Trivia Day 1:30 Rosary & Communion in the Chapel 2:00 Snack Break/Conversation Cards 5:00 Dinner 7:30 Evening Stretching/Life Skills	 8:30 Breakfast/Life Skills 10:30 Music & Movement (light chair exercises) 11:30 Lunch/Oshibori 1:00 Game/Trivia Time! 2:00 Happy Hour! (AL dining room) 2:00 Snack Break/Conversation Cards 5:00 Dinner 6:00 Friday Night Movie 7:30 Evening StretchingVLife Skills 	3 8:30 Breakfast/Life Skills 10:00 Nail Care 11:30 Lunch/Oshibori 2:00 Snack Break/Conversation Cards 5:00 Dinner 7:30 Evening StretchingVLife Skills
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