Fairway Pines
SENIOR LIVING
A Lifespark Community

OCTOBER

Memory Care

Building Strength, Purpose and Belonging

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 8:30 Breakfast/Life Skills 9:30 Communion Service (FC dining room) 10:30 Catholic Mass Ch. 14 11:30 Lunch/Oshibori 2:00 Sunday Stories & Comics 3:00 Snack Break/Conversation Cards 4:00 Tables-setting for Supper 5:00 Dinner/Oshibori 6:00 Rosary & soft Music 7:30 Evening Stretching\/Life Skills	**2** 8:30 Breakfast/Life Skills 9:30 Morning Strolls/Hallway Walk 10:30 Music & Movement (light chair exercises) 11:30 Lunch/Oshibori 1:30 Dice Toss 3:00 Snack Break/Conversation Cards 4:00 Tables-setting for Supper 5:00 Dinner/Oshibori 6:00 Rosary/Religious Music 7:30 Evening Stretching\/Life Skills	**3** 8:30 Breakfast/Life Skills 9:30 Rosary & Confessions 10:00 Catholic Mass in the Chapel 10:30 Music & Movement (light chair exercises) 11:30 Lunch/Oshibori 2:00 Toss the Ball 3:00 Snack Break/Conversation Cards 4:00 Table-setting for Supper 5:00 Dinner/Oshibori 6:30 Rosary/Religious Music 7:30 Evening Stretching\/Life Skills	**4** 8:30 Breakfast/Life Skills 10:30 Music & Movement (light chair exercises) 11:30 Lunch/Oshibori 1:30 Fall magnet craft 3:00 Snack Break/Conversation Cards 4:00 Table-setting for Supper 5:00 Dinner/Oshibori 6:30 Rosary/Religious Music 7:30 Evening Stretching\/Life Skills	**5** 8:30 Breakfast/Life Skills 9:30 Morning Strolls/Hallway Walk 10:30 Music & Movement (light chair exercises) 11:30 Lunch/Oshibori 1:00 Read the Herald: News & Weather 3:00 Snack Break/Conversation Cards 4:00 Table-setting for Supper 5:00 Dinner/Oshibori 6:30 Rosary/Religious Music 7:30 Evening Stretching\/Life Skills	**6** 8:30 Breakfast/Life Skills 10:30 Music & Movement (light chair exercises) 11:30 Lunch/Oshibori 2:00 Happy Hour! (AL dining room) 2:00 Toss the Ball 3:00 Snack Break/Conversation Cards 4:00 Table-setting for Supper 5:00 Dinner/Oshibori 6:00 Friday Night Movie 6:30 Rosary/Religious Music 7:30 Evening Stretching\/Life Skills	**7** 8:30 Breakfast/Life Skills 9:00 Lutheran Service Ch. 14 10:00 Nail Care 11:30 Lunch/Oshibori 3:00 Snack Break/Conversation Cards 4:00 Table-setting for Supper 5:00 Dinner/Oshibori 6:30 Rosary/Religious Music 7:30 Evening Stretching\/Life Skills
8 8:30 Breakfast/Life Skills 9:30 Communion Service (FC dining room) 10:30 Catholic Mass Ch. 14 11:30 Lunch/Oshibori 2:00 Sunday Stories & Comics 3:00 Snack Break/Conversation Cards 4:00 Table-setting for Supper 5:00 Dinner/Oshibori 6:00 Rosary & soft Music 7:30 Sunday Stretching & Relaxing 7:30 Evening Stretching\/Life Skills	**9** 8:30 Breakfast/Life Skills 9:30 Morning Strolls/Hallway Walk 10:30 Music & Movement (light chair exercises) 11:30 Lunch/Oshibori 1:30 Small Arts & Crafts/Baking 3:00 Snack Break/Conversation Cards 4:00 Table-setting for Supper 5:00 Dinner/Oshibori 6:30 Rosary/Religious Music 7:30 Evening Stretching\/Life Skills	**10** 8:30 Breakfast/Life Skills 10:30 Music & Movement (light chair exercises) 10:30 Music & Movement (light chair exercises) 11:30 Lunch/Oshibori 3:00 Snack Break/Conversation Cards 4:00 Table-setting for Supper 5:00 Dinner/Oshibori 6:30 Rosary/Religious Music 7:30 Evening Stretching\/Life Skills	**11** 8:30 Breakfast/Life Skills 10:30 Music & Movement (light chair exercises) 11:30 Lunch/Oshibori 3:00 Snack Break/Conversation Cards 4:00 Table-setting for Supper 5:00 Dinner/Oshibori 6:30 Rosary/Religious Music 7:30 Evening Stretching\/Life Skills	**12** 8:30 Breakfast/Life Skills 9:30 Morning Strolls/Hallway Walk 10:30 Music & Movement (light chair exercises) 11:30 Lunch/Oshibori 1:00 Read the Herald: News & Weather 1:30 Rosary & Communion in the Chapel 1:30 Small Arts & Crafts/Baking 1:30 Rosary & Communion in the Chapel 3:00 Snack Break/Conversation Cards 4:00 Table-setting for Supper 5:00 Dinner/Oshibori 6:30 Rosary/Religious Music 7:30 Evening Stretching\/Life Skills	**13** 8:30 Breakfast/Life Skills 10:30 Music & Movement (light chair exercises) 11:30 Lunch/Oshibori 2:00 Happy Hour! (AL dining room) 3:00 Snack Break/Conversation Cards 4:00 Table-setting for Supper 5:00 Dinner/Oshibori 6:00 Friday Night Movie 6:30 Rosary/Religious Music 7:30 Evening Stretching\/Life Skills	**14** 8:30 Breakfast/Life Skills 9:00 Lutheran Service Ch. 14 10:00 Nail Care 11:30 Lunch/Oshibori 3:00 Snack Break/Conversation Cards 4:00 Table-setting for Supper 5:00 Dinner/Oshibori 6:30 Rosary/Religious Music 7:30 Evening Stretching\/Life Skills
15 8:30 Breakfast/Life Skills 9:30 Communion Service (FC dining room) 10:30 Catholic Mass Ch. 14 11:30 Lunch/Oshibori 2:00 Sunday Stories & Comics 3:00 Snack Break/Conversation Cards 4:00 Table-setting for Supper 5:00 Dinner/Oshibori 6:00 Rosary & soft Music 7:30 Sunday Stretching & Relaxing 7:30 Evening Stretching\/Life Skills	**16** 8:30 Breakfast/Life Skills 9:30 Morning Strolls/Hallway Walk 10:30 Music & Movement (light chair exercises) 11:30 Lunch/Oshibori 1:30 Dice Toss 3:00 Snack Break/Conversation Cards 4:00 Table-setting for Supper 5:00 Dinner/Oshibori 6:30 Rosary/Religious Music 7:30 Evening Stretching\/Life Skills	**17** 8:30 Breakfast/Life Skills 10:30 Music & Movement (light chair exercises) 10:30 Music & Movement (light chair exercises) 11:30 Lunch/Oshibori 2:00 Toss the Ball 3:00 Snack Break/Conversation Cards 4:00 Table-setting for Supper 5:00 Dinner/Oshibori 6:30 Rosary/Religious Music 7:30 Evening Stretching\/Life Skills	**18** 8:30 Breakfast/Life Skills 10:15 Lutheran Service in the Chapel 10:30 Music & Movement (light chair exercises) 11:30 Lunch/Oshibori 1:30 Dice Toss 3:00 Snack Break/Conversation Cards 4:00 Table-setting for Supper 5:00 Dinner/Oshibori 6:30 Rosary/Religious Music 7:30 Evening Stretching\/Life Skills	**19** 8:30 Breakfast/Life Skills 9:30 Morning Strolls/Hallway Walk 10:30 Music & Movement (light chair exercises) 11:30 Lunch/Oshibori 1:00 Read the Herald: News & Weather 1:30 Rosary & Communion in the Chapel 1:30 Rosary & Communion in the Chapel 3:00 Snack Break/Conversation Cards 4:00 Table-setting for Supper 5:00 Dinner/Oshibori 6:30 Rosary/Religious Music 7:30 Evening Stretching\/Life Skills	**20** 8:30 Breakfast/Life Skills 10:30 Music & Movement (light chair exercises) 11:30 Lunch/Oshibori 2:00 Happy Hour! (AL dining room) 2:00 Toss the Ball 3:00 Snack Break/Conversation Cards 4:00 Table-setting for Supper 5:00 Dinner/Oshibori 6:00 Friday Night Movie 6:30 Rosary/Religious Music 7:30 Evening Stretching\/Life Skills	**21** 8:30 Breakfast/Life Skills 9:00 Lutheran Service Ch. 14 10:00 Nail Care 11:30 Lunch/Oshibori 3:00 Snack Break/Conversation Cards 4:00 Table-setting for Supper 5:00 Dinner/Oshibori 6:30 Rosary/Religious Music 7:30 Evening Stretching\/Life Skills
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