Harrison Bay SENIOR LIVING
A Lifespark Community

MAY

Memory Care

Building Strength, Purpose and Belonging

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 9:00 Daily Chronical, Weather + Jokes (Linked Senior) 9:30 Chair Yoga: Drumming (Linked Senior) 9:45 Susie Q: Folk Songs/ Hymns 10:00 Physical Fun 10:30 Nature Walk 11:00 Oshibori 12:30 Art Talk (Linked Senior) 2:00 Nature Documentary 2:30 Nature Walk 3:00 Fold Match/Fold Colored washcloths (HHA) 4:00 Oshibori 7:00 Evening Hymns (HHA: YOUTUBE)	2 9:00 **OUTING: Hobby Lobby + Panera Bread** 9:00 Daily Chronical, Weather + Jokes (Linked Senior) 9:30 Chair Yoga (Linked Senior) 9:45 Hymns & Devotions w/ Chaplain Ron 10:30 Nature Walk 11:00 Oshibori 1:00 Spa Day: Paint Nails/Heating Neck Pad 2:00 Nature Documentary 2:30 Nature Walk 3:00 Fold Match/Fold Colored washcloths (HHA) 3:00 **Cooking Class: Cookies** 4:00 Oshibori 5:00 Pictionary 7:00 Evening Hymns (HHA: YOUTUBE)	3 9:30 Chair Yoga (Linked Senior) 9:45 Susie Q: Folk Songs/ Hymns 10:00 Physical Fun 10:30 Nature Walk 11:00 Oshibori 1:00 ***Lifespark "Really Big Show" Overview*** 2:30 Nature Walk 3:00 **ART: Paper Plate Flower Wreathe** 3:00 Fold Match/Fold Colored washcloths (HHA) 4:00 Oshibori 7:00 Evening Hymns (HHA: YOUTUBE)	4 10:00 coloring books (HHA) 11:00 Oshibori 2:00 Nature Documentary 2:15 Daily Chronical, Weather + Jokes (Linked Senior) 2:30 Chair Yoga (Linked Senior) 3:00 Fold Match/Fold Colored washcloths (HHA) 3:00 Stick Man (Linked Senior) 3:30 Jeopardy/Trivia (Linked Senior) 4:00 Oshibori 5:00 Listen to Music under the Pergola 7:00 Evening Hymns (HHA: YOUTUBE)
5 10:00 coloring books (HHA) 11:00 Oshibori 2:00 Nature Documentary 2:15 Daily Chronical, Weather + Jokes (Linked Senior) 2:30 Chair Yoga (Linked Senior) 3:00 Fold Match/Fold Colored washcloths (HHA) 3:00 How Its Made (Linked Senior) 3:30 Physical Fun 4:00 Oshibori 7:00 Evening Hymns (HHA: YOUTUBE)	6 9:30 Daily Chronical, Weather + Jokes (Linked Senior) 9:45 Chair Yoga: Drumming (Linked Senior) 10:00 Susie Q: Folk Songs/ Hymns (Linked Senior) 10:30 Nature Walk 11:00 Oshibori 2:00 Nature Documentary (HHA Lead) 3:00 Fold Match/Fold Colored washcloths (HHA) 4:00 Oshibori 7:00 Evening Hymns (HHA: YOUTUBE)	7 9:00 Daily Chronicle, Weather + Jokes (Linked Senior) 9:30 Chair Yoga (Linked Senior) 9:45 Susie Q: Folk Songs/ Hymns (Linked Senior) 10:30 Nature Walk 11:00 Oshibori 1:00 ***Lifespark Competition: Forklifts*** 2:15 Nature Documentary 2:30 Nature Walk 3:00 Fold Match/Fold Colored washcloths (HHA) 3:00 Physical Fun! 4:00 Oshibori 7:00 Evening Hymns (HHA: YOUTUBE)	8 9:00 Daily Chronicle, Weather + Jokes (Linked Senior) 9:30 Chair Yoga: Drumming (Linked Senior) 9:45 Susie Q: Folk Songs/ Hymns (Linked Senior) 10:00 Physical Fun 10:30 Nature Walk 11:00 Oshibori 12:30 Art Talk (Linked Senior) 2:00 **Event: Muffins for Moms (Community Room)** 2:00 Nature Documentary 2:30 Nature Walk 3:00 **ART: Pipe Cleaner Coiled Roses on Paper** 3:00 Fold Match/Fold Colored washcloths (HHA) 4:00 Oshibori	9 9:00 Daily Chronicle, Weather + Jokes (Linked Senior) 9:30 Chair Yoga (Linked Senior) 9:45 Hymns & Devotions w/ Chaplain Ron 10:30 Nature Walk 11:00 Oshibori 1:00 Spa Day: Paint Nails/Heating Neck Pad 2:00 Nature Documentary 2:30 Nature Walk 3:00 Fold Match/Fold Colored washcloths (HHA) 3:00 **Cooking Class: Cookies** 4:00 Oshibori 5:00 Pictionary 7:00 Evening Hymns (HHA: YOUTUBE)	10 9:00 Daily Chronicle, Weather + Jokes (Linked Senior) 9:30 Chair Yoga (Linked Senior) 9:45 Susie Q: Folk Songs/ Hymns (Linked Senior) 10:00 Physical Fun 10:30 Nature Walk 11:00 Oshibori 1:00 ***Lifespark "Really Big Show" Overview*** 2:30 Animal Bingo 2:30 Nature Walk 3:00 Fold Match/Fold Colored washcloths (HHA) 4:00 Oshibori 5:00 Movie Night w/ popcorn 7:00 Evening Hymns (HHA: YOUTUBE)	11 10:00 coloring books (HHA) 11:00 Oshibori 2:00 Nature Documentary 2:15 Daily Chronical, Weather + Jokes (Linked Senior) 3:00 Fold Match/Fold Colored washcloths (HHA) 3:00 Stick Man (Linked Senior) 3:30 Jeopardy/Trivia (Linked Senior) 4:00 Oshibori 5:00 Listen to Music under the Pergola 7:00 Evening Hymns (HHA: YOUTUBE)
12 10:00 coloring books (HHA) 11:00 Oshibori 2:00 Nature Documentary 2:15 Daily Chronical, Weather + Jokes (Linked Senior) 2:30 Chair Yoga (Linked Senior) 3:00 Fold Match/Fold Colored washcloths (HHA) 3:00 How Its Made (Linked Senior) 3:30 Physical Fun 4:00 Oshibori 7:00 Evening Hymns (HHA: YOUTUBE)	13 9:30 Daily Chronical, Weather + Jokes (Linked Senior) 9:45 Chair Yoga: Drumming (Linked Senior) 10:00 Susie Q: Folk Songs/ Hymns (Linked Senior) 10:30 Nature Walk 11:00 Oshibori 2:00 Nature Documentary 3:00 Fold Match/Fold Colored washcloths (HHA) 4:00 Oshibori 7:00 Evening Hymns (HHA: YOUTUBE)	14 9:00 Daily Chronicle, Weather + Jokes (Linked Senior) 9:30 Chair Yoga (Linked Senior) 9:45 Susie Q: Folk Songs/ Hymns (Linked Senior) 10:00 Physical Fun 10:15 Nature Walk 11:00 Oshibori 1:00 ***Lifespark Competition: Forklifts*** 2:15 Nature Documentary 2:30 Nature Walk 3:00 Fold Match/Fold Colored washcloths (HHA) 3:00 Physical Fun! 4:00 Oshibori 7:00 Evening Hymns (HHA: YOUTUBE)	15 9:00 Daily Chronicle, Weather + Jokes (Linked Senior) 9:30 Chair Yoga: Drumming (Linked Senior) 9:45 Susie Q: Folk Songs/ Hymns (Linked Senior) 10:00 Physical Fun 10:30 Nature Walk 11:00 Oshibori 12:30 Art Talk (Linked Senior) 2:00 Nature Documentary 2:30 Nature Walk 3:00 **ART: Butterfly Stained Glass Window Cling** 3:00 Fold Match/Fold Colored washcloths (HHA) 4:00 Oshibori 7:00 Evening Hymns (HHA: YOUTUBE)	16 9:00 Daily Chronicle, Weather + Jokes (Linked Senior) 9:30 Chair Yoga (Linked Senior) 9:45 Hymns & Devotions w/ Chaplain Ron 10:30 Nature Walk 11:00 Oshibori 1:00 Spa Day: Paint Nails/Heating Neck Pad 2:00 Nature Documentary 2:30 Nature Walk 3:00 Fold Match/Fold Colored washcloths (HHA) 3:00 **Cooking Class: Cookies** 4:00 Oshibori 5:00 Pictionary 7:00 Evening Hymns (HHA: YOUTUBE)	17 9:00 Daily Chronicle, Weather + Jokes (Linked Senior) 9:30 Chair Yoga (Linked Senior) 9:45 Susie Q: Folk Songs/ Hymns (Linked Senior) 10:00 Physical Fun 10:30 Nature Walk 11:00 Oshibori 1:00 ***Lifespark "Really Big Show" Overview*** 2:30 Animal Bingo 2:30 Nature Walk 3:00 Fold Match/Fold Colored washcloths (HHA) 4:00 Oshibori 5:00 Movie Night w/ popcorn 7:00 Evening Hymns (HHA: YOUTUBE)	18 10:00 coloring books (HHA) 11:00 Oshibori 2:00 Nature Documentary 2:15 Daily Chronical, Weather + Jokes (Linked Senior) 3:00 Fold Match/Fold Colored washcloths (HHA) 3:00 Stick Man (Linked Senior) 3:30 Jeopardy/Trivia (Linked Senior) 4:00 Oshibori 5:00 Listen to Music under the Pergola 7:00 Evening Hymns (HHA: YOUTUBE)
19 10:00 coloring books (HHA) 11:00 Oshibori 2:00 Nature Documentary 2:15 Daily Chronical, Weather + Jokes (Linked Senior) 2:30 Chair Yoga (Linked Senior) 3:00 Fold Match/Fold Colored washcloths (HHA) 3:00 How Its Made (Linked Senior) 3:30 Physical Fun 4:00 Oshibori 7:00 Evening Hymns (HHA: YOUTUBE)	20 9:30 Daily Chronical, Weather + Jokes (Linked Senior) 9:45 Chair Yoga: Drumming (Linked Senior) 10:00 Susie Q: Folk Songs/ Hymns (Linked Senior) 10:30 Nature Walk 11:00 Oshibori 2:00 Nature Documentary 3:00 Fold Match/Fold Colored washcloths (HHA) 4:00 Oshibori 5:00 Family Council (Community Room) 7:00 Evening Hymns (HHA: YOUTUBE)	21 9:00 Daily Chronicle, Weather + Jokes (Linked Senior) 9:30 Chair Yoga (Linked Senior) 9:45 Susie Q: Folk Songs/ Hymns (Linked Senior) 10:00 Physical Fun 10:30 Nature Walk 11:00 Oshibori 1:00 ***Lifespark Competition: Forklifts*** 2:15 Nature Documentary 2:30 Nature Walk 3:00 Fold Match/Fold Colored washcloths (HHA) 3:00 Physical Fun! 4:00 Oshibori 7:00 Evening Hymns (HHA: YOUTUBE)	22 9:00 Daily Chronicle, Weather + Jokes (Linked Senior) 9:30 Chair Yoga: Drumming (Linked Senior) 9:45 Susie Q: Folk Songs/ Hymns (Linked Senior) 10:00 Physical Fun 10:30 Nature Walk 11:00 Oshibori 12:30 Art Talk (Linked Senior) 1:00 **Birthday Bash w/ Jim Kirkendall** 2:00 Nature Documentary 2:30 Nature Walk 3:00 **ART: Paint Mini Bird Houses** 3:00 Fold Match/Fold Colored washcloths (HHA) 4:00 Oshibori 7:00 Evening Hymns (HHA: YOUTUBE)	23 9:00 **OUTING: Basillica MPLS** 9:00 Daily Chronicle, Weather + Jokes (Linked Senior) 9:30 Chair Yoga (Linked Senior) 9:45 Hymns & Devotions w/ Chaplain Ron 10:30 Nature Walk 11:00 Oshibori 1:00 Spa Day: Paint Nails/Heating Neck Pad 2:00 Nature Documentary 2:30 Nature Walk 3:00 Fold Match/Fold Colored washcloths (HHA) 3:00 **Cooking Class: Cookies** 4:00 Oshibori 5:00 Pictionary 7:00 Evening Hymns (HHA: YOUTUBE)	24 9:00 Daily Chronicle, Weather + Jokes (Linked Senior) 9:30 Chair Yoga (Linked Senior) 9:45 Susie Q: Folk Songs/ Hymns (Linked Senior) 10:00 Physical Fun 10:30 Nature Walk 11:00 Oshibori 1:00 ***Lifespark "Really Big Show" Overview*** 2:30 Animal Bingo 2:30 Nature Walk 3:00 Fold Match/Fold Colored washcloths (HHA) 4:00 Oshibori 5:00 Movie Night w/ popcorn 7:00 Evening Hymns (HHA: YOUTUBE)	25 10:00 coloring books (HHA) 11:00 Oshibori 2:00 Nature Documentary 2:15 Daily Chronical, Weather + Jokes (Linked Senior) 3:00 Fold Match/Fold Colored washcloths (HHA) 3:00 Stick Man (Linked Senior) 3:30 Jeopardy/Trivia (Linked Senior) 4:00 Oshibori 5:00 Listen to Music under the Pergola 7:00 Evening Hymns (HHA: YOUTUBE)
26 10:00 coloring books (HHA) 11:00 Oshibori 2:00 Nature Documentary 2:15 Daily Chronical, Weather + Jokes (Linked Senior) 2:30 Chair Yoga (Linked Senior) 3:00 Fold Match/Fold Colored washcloths (HHA) 3:00 How Its Made (Linked Senior) 3:30 Physical Fun 4:00 Oshibori 7:00 Evening Hymns (HHA: YOUTUBE)	27 11:00 Oshibori 2:00 Nature Documentry 3:00 Fold Match/Fold Colored washcloths (HHA) 4:00 Oshibori 7:00 Evening Hymns (HHA: YOUTUBE)	28 9:00 Daily Chronicle, Weather + Jokes (Linked Senior) 9:30 Chair Yoga (Linked Senior) 9:45 Susie Q: Folk Songs/ Hymns (Linked Senior) 10:00 Physical Fun 10:30 Nature Walk 11:00 Oshibori 1:00 ***Lifespark Competition: Forklifts*** 2:15 Nature Documentary 2:30 Nature Walk 3:00 Fold Match/Fold Colored washcloths (HHA) 3:00 Physical Fun! 4:00 Oshibori 7:00 Evening Hymns (HHA: YOUTUBE)	29 9:00 Daily Chronicle, Weather + Jokes (Linked Senior) 9:30 Chair Yoga: Drumming (Linked Senior) 9:45 Susie Q: Folk Songs/ Hymns (Linked Senior) 10:00 Physical Fun 10:30 Nature Walk 11:00 Oshibori 12:30 Art Talk (Linked Senior) 2:00 Nature Documentary 2:30 Nature Walk 3:00 **ART: Handprint Strawberry** 3:00 Fold Match/Fold Colored washcloths (HHA) 4:00 Oshibori 7:00 Evening Hymns (HHA: YOUTUBE)	30 9:00 **OUTING: Fishing w/ Friends** 9:00 Daily Chronicle, Weather + Jokes (Linked Senior) 9:30 Chair Yoga (Linked Senior) 9:45 Hymns & Devotions w/ Chaplain Ron 10:30 Nature Walk 11:00 Oshibori 1:00 Spa Day: Paint Nails/Heating Neck Pad 2:00 Nature Documentary 2:30 Nature Walk 3:00 Fold Match/Fold Colored washcloths (HHA) 4:00 Oshibori 5:30 **EVENT: Luau Party (Main Dining Room)** 7:00 Evening Hymns (HHA: YOUTUBE)	31 9:00 Daily Chronicle, Weather + Jokes (Linked Senior) 9:30 Chair Yoga (Linked Senior) 9:45 Susie Q: Folk Songs/ Hymns (Linked Senior) 10:00 Physical Fun 10:30 Nature Walk 11:00 Oshibori 1:00 ***Lifespark "Really Big Show" Overview*** 2:30 Animal Bingo 2:30 Nature Walk 3:00 Fold Match/Fold Colored washcloths (HHA) 4:00 Oshibori 7:00 Evening Hymns (HHA: YOUTUBE)	