Harrison Bay SENIOR LIVING
A Lifespark Community

SEPTEMBER

Memory Care

Building Strength, Purpose and Belonging

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:00 Table Activties: Colored wash clothes, puzzles etc. (HHA) 10:00 coloring books (HHA) 10:00 Nature Documentry (HHA) 11:00 Oshibori 2:15 Daily Chronical, Weather + Jokes (Linked Senior) 2:30 Chair Yoga (Linked Senior) 3:00 Fold Match/Fold Colored washcloths (HHA) 3:00 How Its Made (Linked Senior) 3:30 Physical Fun 4:00 Oshibori 7:00 Evening Hymns (HHA: YOUTUBE)	**2** 9:00 Daily Chronical, Weather + Jokes (Linked Senior) 9:30 Happy Feet Walkers 9:45 Susie Q: Folk Songs/ Hymns (Linked Senior) 10:30 Drumming 11:00 Oshibori 1:00 Art: 2:00 Documentary 3:00 Fold Match/Fold Colored washcloths (HHA) 4:00 Oshibori 4:00 Happy Feet Walkers 7:00 Evening Hymns (HHA: YOUTUBE)	**3** 9:00 Daily Chronicle, Weather + Jokes (Linked Senior) 9:30 Happy Feet Walkers 9:45 Susie Q: Folk Songs/ Hymns (Linked Senior) 10:00 Chair Yoga 11:00 Oshibori 1:00 **Grip Games: Life spark Competition** 2:00 Documentary 3:00 Fold Match/Fold Colored washcloths (HHA) 3:00 Physical Fun! 4:00 Oshibori 4:00 Happy Feet Walkers 7:00 Evening Hymns (HHA: YOUTUBE)	**4** 9:00 Daily Chronicle, Weather + Jokes (Linked Senior) 9:30 Happy Feet Walkers 9:45 Susie Q: Folk Songs/ Hymns (Linked Senior) 10:30 Drumming 11:00 Oshibori 1:00 Art Talk (Linked Senior) 2:00 Documentary 3:00 Fold Match/Fold Colored washcloths (HHA) 3:00 ART: 4:00 Oshibori 4:00 Happy Feet Walkers 7:00 Evening Hymns (HHA: YOUTUBE)	**5** 9:00 Daily Chronicle, Weather + Jokes (Linked Senior) 9:30 Happy Feet Walkers 10:00 Chair Yoga 10:45 ***Outside Hymns & Devotions w/ Chaplain Ron*** 11:00 Oshibori 1:00 Spa Day: Paint Nails/Heating Neck Pad 2:00 Documentary 3:00 Fold Match/Fold Colored washcloths (HHA) 4:00 Oshibori 4:00 Happy Feet Walkers 5:00 Pictionary 7:00 Evening Hymns (HHA: YOUTUBE)	**6** 9:00 Daily Chronicle, Weather + Jokes (Linked Senior) 9:00 Catholic Communion (R) 9:30 Happy Feet Walkers 9:45 Susie Q: Folk Songs/ Hymns (Linked Senior) 10:30 Drumming 11:00 Oshibori 1:00 ***Lifespark Big Show w/ Dr. Bill*** 2:30 Animal Bingo 3:00 Fold Match/Fold Colored washcloths (HHA) 4:00 Oshibori 4:00 Happy Feet Walkers 5:00 **Movie Night w/ popcorn** 7:00 Evening Hymns (HHA: YOUTUBE)	**7** 9:00 Table Activties: Colored wash clothes, puzzles etc. (HHA) 10:00 coloring books (HHA) 10:00 Nature Documentry (HHA) 11:00 Oshibori 2:15 Daily Chronical, Weather + Jokes (Linked Senior) 3:00 Fold Match/Fold Colored washcloths (HHA) 3:00 Stick Man (Linked Senior) 3:30 Jeopardy/Trivia (Linked Senior) 4:00 Oshibori 5:00 Listen to Music under the Pergola 7:00 Evening Hymns (HHA: YOUTUBE)
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