



Memory Care

Building Strength, Purpose and Belonging

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
HAR Harmony Place RC Rose Court			9:00 Music and Relaxation 9:30 Current Events 11:30 Daily Chronicles 1:00 Arts & Crafts 3:30 Bean Bag Toss 4:00 Afternoon Walk 6:30 Bonanza	9:00 Virtual Worship Service 9:30 Name 5 (HAR) 10:30 Exercise 11:30 Daily Chronicles 2:30 Balloon Volleyball 4:00 Afternoon Walk 6:30 Hollywood Squares	9:00 Music and Relaxation 9:30 Finish the Phrase 10:30 Exercise 11:30 Daily Chronicles 1:30 Manicures 2:30 Outdoor Visits 3:30 Noodle Ball 4:00 Afternoon Walk 6:30 Friday Night Movie Night	10:30 Reminiscing 11:30 Daily Chronicles 4:00 Afternoon Walk
10:30 Fun and Games with Melissa 11:30 Daily Chronicles 4:00 Afternoon Walk	9:00 Hymn Sing 9:30 Visual Trivia (HAR) 11:30 Daily Chronicles 1:00 Hand Massages 2:00 Stamp Art 3:30 Bean Bag Toss 4:00 Afternoon Walk 6:30 The Dean Martin Show	9:00 Gospel Music 9:30 Reminiscing (HAR) 10:30 Exercise 11:30 Daily Chronicles 2:00 Ball Toss 3:30 Shake it Loose 4:00 Afternoon Walk 6:30 The Lawrence Welk Show	9:00 Music and Relaxation 10:30 Junk Drawer Detective 11:30 Daily Chronicles 1:00 Coloring Club 3:30 Bowling 4:00 Afternoon Walk 6:30 Bonanza	9:00 Virtual Worship Service 9:30 Current Events (HAR) 10:30 Exercise 11:30 Daily Chronicles 2:30 Balloon Volleyball 4:00 Afternoon Walk 6:30 Hollywood Squares	9:00 Music and Relaxation 9:30 Story Time 10:30 Exercise 11:30 Daily Chronicles 1:30 Manicures 2:30 Outdoor Visits 3:30 Noodle Ball 4:00 Afternoon Walk 6:30 Friday Night Movie Night	10:30 Reminiscing 11:30 Daily Chronicles 4:00 Afternoon Walk
10:30 Fun and Games with Melissa 11:30 Daily Chronicles 4:00 Afternoon Walk	9:00 Hymn Sing 9:30 Visual Trivia (HAR) 11:30 Daily Chronicles 1:00 Hand Massages 2:30 Collage Making 3:30 Bowling 4:00 Afternoon Walk 6:30 The Dean Martin Show	9:00 Gospel Music 9:30 Reminiscing (HAR) 10:30 Exercise 11:30 Daily Chronicles 2:00 Ball Toss 3:30 Shake it Loose 4:00 Afternoon Walk 6:30 The Lawrence Welk Show	9:00 Music and Relaxation 10:30 Science Experiments 11:30 Daily Chronicles 1:00 Sensory and Music 3:30 Bean Bag Toss 4:00 Afternoon Walk 6:30 Bonanza	9:00 Virtual Worship Service 9:30 Shake loose (HAR) 10:30 Exercise 11:30 Daily Chronicles 2:30 Balloon Volleyball 4:00 Afternoon Walk 6:30 Hollywood Squares	9:00 Music and Relaxation 9:30 Rocking Chair Reader 10:30 Exercise 11:30 Daily Chronicles 1:30 Manicures 2:30 Outdoor Visits 3:30 Noodle Ball 4:00 Afternoon Walk 6:30 Friday Night Movie Night	17 10:30 Reminiscing 11:30 Daily Chronicles 4:00 Afternoon Walk
10:30 Fun and Games with Melissa 11:30 Daily Chronicles 4:00 Afternoon Walk	9:00 Hymn Sing 9:30 Visual Trivia (HAR) 11:30 Daily Chronicles 1:00 Hand Massages 2:30 Coloring Club 3:30 Bean Bag Toss 4:00 Afternoon Walk 6:30 The Dean Martin Show	9:00 Gospel Music 9:30 Reminiscing (HAR) 10:30 Exercise 11:30 Daily Chronicles 2:00 Ball Toss 3:30 Shake it Loose 4:00 Afternoon Walk 6:30 The Lawrence Welk Show	9:00 Music and Relaxation 10:30 Word Find 11:30 Daily Chronicles 1:00 Arts & Crafts 3:30 Bowling 4:00 Afternoon Walk 6:30 Bonanza	9:00 Virtual Worship Service 9:30 Current Events (HAR) 10:30 Exercise 11:30 Daily Chronicles 2:30 Balloon Volleyball 4:00 Afternoon Walk 6:30 Hollywood Squares	9:00 Music and Relation 9:30 Finish the Phrase 10:30 Exercise 11:30 Daily Chronicles 1:30 Manicures 2:30 Outdoor Visits 3:30 Noodle Ball 4:00 Afternoon Walk 6:30 Friday Night Movie Night	10:30 Reminiscing 11:30 Daily Chronicles 4:00 Afternoon Walk
10:30 Fun and Games with Melissa 11:30 Daily Chronicles 4:00 Afternoon Walk	9:00 Hymn Sing 9:30 Visual Trivia (HAR) 11:30 Daily Chronicles 2:30 Stamp Art 3:30 Bucket Bash 4:00 Afternoon Walk 6:30 The Dean Martin Show	9:00 Gospel Music 9:30 Reminiscing (HAR) 10:30 Exercise 11:30 Daily Chronicles 2:00 Ball Toss 3:30 Shake it Loose 4:00 Afternoon Walk 6:30 The Lawrence Welk Show	9:00 Music and Relaxation 10:30 Science Experiments 11:30 Daily Chronicles 1:00 Coloring Club 3:30 Bucket Bash 4:00 Afternoon Walk 6:30 Bonanza	9:00 Virtual Worship Service 9:30 Current Events (HAR) 10:30 Exercise 11:30 Daily Chronicles 2:30 Balloon Volleyball 4:00 Afternoon Walk 6:30 Hollywood Squares	9:00 Music and Relaxation 9:30 Rocking Chair reader 10:30 Exercise 11:30 Daily Chronicles 1:30 Manicures 2:30 Outdoor Visits 3:30 Noodle Ball 4:00 Afternoon Walk 6:30 Friday Night Movie Night	31