

## APRIL

## Memory Care

Building Strength, Purpose and Belonging

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	10:00 Hymns with Chaplain Russell 1:15 AL Bingo 2:00 St Patrick's Day craft 3:00 Media Monday 4:00 Puzzle club 6:00 Cards	1 10:15 Cookies and Crafts 11:00 Book Club 2:45 Mindful Meditation 3:15 High Tea Tuesdays (Dining Room) 4:00 Puzzle club 4:30 Songbirds	9:00 Church 10:15 Yoga 11:00 Worship Service with Chaplain Russell 2:00 Wellness Wednesday (Dining Room) 4:00 Puzzle club	10:00 Walking 11:00 Book Club 11:30 Cards 4:00 Puzzle club 4:30 Songbirds 6:15 1:1	4 10:00 Walking Club 11:00 Cards and Coffee 4:00 Puzzle club	5 10:00 Coffee and Conversation 11:30 Trivia 4:00 Puzzle club
11:30 Time to juice up 4:00 Puzzle club	7 10:00 Hymns with Chaplain Russell 2:00 St Patrick's Day craft 3:00 Media Monday 4:00 Puzzle club 6:00 Cards	8 10:15 Cookies and Crafts 11:00 Book Club 2:45 Mindful Meditation 3:15 High Tea Tuesdays (Dining Room) 4:00 Puzzle club 4:30 Songbirds	9:00 Church 10:15 Yoga 11:00 Worship Service with Chaplain Russell 2:00 Wellness Wednesday (Dining Room) 4:00 Puzzle club	10:00 Walking 11:00 Book Club 11:30 Cards 4:00 Puzzle club 4:30 Songbirds 6:15 1:1	11 10:00 Walking Club 11:00 Cards and Coffee 2:00 Chair Side Travels 3:00 Cook off 4:00 Puzzle club	9:00 Coffee and Converstation (Dining Room) 11:00 Ball Toss (Living Room) 11:30 Trivia 3:00 Ball Toss 4:00 Puzzle club
11:00 Trivia and Coloring (Dining Room) 11:30 Time to juice up 4:00 Puzzle club	10:00 Hymns with Chaplain Russell 1:00 Mobile Zoo 2:15 Movie Monday 3:00 Media Monday 4:00 Puzzle club 6:00 Cards	10:30 Exercise 11:00 Book Club 1:30 Trivia Tuesday 3:15 Tea Time (Dining Room) 4:00 Puzzle club 4:30 Songbirds	9:00 Church 10:15 Yoga 11:00 Worship Service with Chaplain Russe 1:30 Wellness Wednesday (Dining Room) 3:00 Craft 4:00 Puzzle club	10:00 Walking 11:00 Book Club 1:30 Puzzle club 3:30 Baking 6:15 Exercise	11:15 Exercise 1:45 Hydration and Trivia 3:30 Bowling 4:00 Puzzle club	10:00 Coffee and Conversation 11:30 Brain Games 4:00 Puzzle club
11:30 Time to juice up 4:00 Puzzle club	21 10:00 Hymns with Chaplain Russell 1:30 Exercise 2:30 Painting 4:00 Puzzle club	22 11:00 Book Club 2:30 Mindful Meditation 3:15 Tea Tuesday (Dining Room 4:00 Puzzle club 4:30 Songbirds	11:00 Worship Service with	10:00 Walking 11:00 Book Club 2:30 Singing Cowgirl 4:00 Puzzle club 4:30 Songbirds 6:15 Exercise	25 11:15 Exercise 1:45 Hydration and Trivia 3:45 Baking 4:00 Puzzle club	9:00 Coffee and Converstation (Dining Room) 11:00 Ball Toss (Living Room) 11:30 Trivia 3:00 Ball Toss 4:00 Puzzle club
11:00 Trivia and Coloring (Dining Room) 11:30 Time to juice up 4:00 Puzzle club	28 10:00 Hymns with Chaplain Russell 1:15 AL Bingo 2:00 St Patrick's Day craft 3:00 Media Monday 4:00 Puzzle club 6:00 Cards	10:15 Cookies and Crafts 11:00 Book Club 2:45 Mindful Meditation 3:15 High Tea Tuesdays (Dining Room) 4:00 Puzzle club 4:30 Songbirds				