



Г	ר		
E	5	ľ	L

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<ul> <li>9:00 Daily Chronicle/News</li> <li>10:00 Worship Service W/ Chaplain Carol</li> <li>10:30 Catholic Communion</li> <li>11:00 Hand Weights</li> <li>1:00 Meditation Music</li> <li>2:00 Sweep Six &amp; Snacks</li> <li>3:00 Arm Chair Travel</li> <li>6:30 Bowling</li> </ul>	9:00 Daily Chronicle/News 10:00 Sensory Games 11:00 Chair Yoga 1:00 Meditation Music 2:00 Crosswords & Coffee 3:00 Elder Song Sing Along 4:00 Finish Lines Trivia 6:30 Ring Toss	2 9:00 Daily Chronicle/News 10:00 Creative Corner 11:00 Move & Groove 1:00 Meditation Music 2:00 This Day in History Happy Hour 3:30 Sensory Games 6:30 Corn Hole	9:00 Daily Chronicle/News 11:00 Sit & Be Fit DVD 1:00 Meditation Music 2:00 Coffee Social 3:00 National Geographic 6:00 Saturday Night Bingo
9:00 Daily Chronicle/News 11:00 Elder Song Hymn Sing Along 11:00 Whoga DVD 1:00 Meditation Music 2:00 Classic Movie Matinee & Snack 6:30 Bowling	9:00 Daily Chronicle/News 10:00 Sensory Games 11:00 Noodle Ball 1:00 Meditation Music 2:00 Manicure Mondays 3:00 Ice Cream Social & Bingo 6:30 Ring Toss	9:00 Daily Chronicle/News 10:00 Travel Tales 11:00 Dancing Scarves 1:00 Meditation Music 2:00 AfternoonTea 4:00 Tuesday Trivia 6:30 Corn Hole	<ul> <li>9:00 Daily Chronicle/News</li> <li>10:00 Worship Service W/ Chaplain Carol</li> <li>10:30 Catholic Communion</li> <li>11:00 Hand Weights</li> <li>1:00 Meditation Music</li> <li>2:00 Sweep Six &amp; Snacks</li> <li>3:00 Arm Chair Travel</li> <li>6:30 Bowling</li> </ul>	8 9:00 Daily Chronicle/News 10:00 Sensory Games 11:00 Chair Yoga 1:00 Meditation Music 2:00 Crosswords & Coffee 3:00 Elder Song Sing Along 4:00 Finish Lines Trivia 6:30 Ring Toss	9 9:00 Daily Chronicle/News 10:00 Creative Corner 11:00 Move & Groove 1:00 Meditation Music 2:00 This Day in History Happy Hour 3:30 Sensory Games 6:30 Corn Hole	9:00 Daily Chronicle/News <b>11</b> 11:00 Sit & Be Fit DVD 1:00 Meditation Music 2:00 Mother's Day Tea 3:00 National Geographic 6:00 Saturday Night Bingo
9:00 Daily Chronicle/News 11:00 Elder Song Hymn Sing Along 11:00 Whoga DVD 1:00 Meditation Music 2:00 Classic Movie Matinee & Snack 6:30 Bowling	9:00 Daily Chronicle/News 10:00 Sensory Games 11:00 Noodle Ball 1:00 Meditation Music 2:00 Entertainment- Christian Nielser 3:00 Ice Cream Social & Bingo 6:30 Ring Toss	10:00 Travel Tales 11:00 Dancing Scarves 1:00 Meditation Music	<ul> <li>9:00 Daily Chronicle/News</li> <li>10:00 Worship Service W/ Chaplain Carol</li> <li>10:30 Catholic Communion</li> <li>11:00 Hand Weights</li> <li>1:00 Meditation Music</li> <li>2:00 Sweep Six &amp; Snacks</li> <li>3:00 Arm Chair Travel</li> <li>6:30 Bowling</li> </ul>	9:00 Daily Chronicle/News 10:00 Sensory Games 11:00 Chair Yoga 1:00 Meditation Music 2:00 Crosswords & Coffee 3:00 Elder Song Sing Along 4:00 Finish Lines Trivia 6:30 Ring Toss	9:00 Daily Chronicle/News1710:00 Creative Corner11:00 Move & Groove11:00 Move & Groove1:00 Meditation Music2:00 This Day in History Happy Hour3:30 Sensory Games6:30 Corn Hole	9:00 Daily Chronicle/News <b>18</b> 11:00 Sit & Be Fit DVD 1:00 Meditation Music 2:00 Coffee Social 3:00 National Geographic 6:00 Saturday Night Bingo
9:00 Daily Chronicle/News 11:00 Elder Song Hymn Sing Along 11:00 Whoga DVD 1:00 Meditation Music 2:00 Classic Movie Matinee & Snack 6:30 Bowling	9:00 Daily Chronicle/News 10:00 Sensory Games 11:00 Noodle Ball 1:00 Meditation Music 2:00 Manicure Mondays 3:00 Ice Cream Social & Bingo 6:30 Ring Toss	9:00 Daily Chronicle/News 10:00 Travel Tales 11:00 Dancing Scarves 1:00 Meditation Music 2:00 AfternoonTea 4:00 Tuesday Trivia 6:30 Corn Hole	<ul> <li>9:00 Daily Chronicle/News</li> <li>10:00 Worship Service W/ Chaplain Carol</li> <li>10:30 Catholic Communion</li> <li>11:00 Hand Weights</li> <li>1:00 Meditation Music</li> <li>2:00 Sweep Six &amp; Snacks</li> <li>3:00 Arm Chair Travel</li> <li>6:30 Bowling</li> </ul>	9:00 Daily Chronicle/News 10:00 Sensory Games 11:00 Chair Yoga 1:00 Meditation Music 2:00 Crosswords & Coffee 3:00 Elder Song Sing Along 4:00 Finish Lines Trivia 6:30 Ring Toss	23 9:00 Daily Chronicle/News 10:00 Creative Corner 11:00 Move & Groove 1:00 Meditation Music 2:00 This Day in History Happy Hour 3:30 Sensory Games 6:30 Corn Hole	9:00 Daily Chronicle/News 25 11:00 Sit & Be Fit DVD 1:00 Meditation Music 2:00 Coffee Social 3:00 National Geographic 6:00 Saturday Night Bingo
9:00 Daily Chronicle/News 11:00 Elder Song Hymn Sing Along 11:00 Whoga DVD 1:00 Meditation Music 2:00 Classic Movie Matinee & Snack 6:30 Bowling	9:00 Daily Chronicle/News 2 10:00 Sensory Games 11:00 Noodle Ball 1:00 Meditation Music 3:00 Ice Cream Social & Bingo 6:30 Ring Toss	9:00 Daily Chronicle/News 10:00 Travel Tales 11:00 Dancing Scarves 1:00 Meditation Music 2:00 AfternoonTea 4:00 Tuesday Trivia 6:30 Corn Hole	9:00 Daily Chronicle/News 10:30 Catholic Communion 11:00 Hand Weights 1:00 Meditation Music 2:00 Sweep Six & Snacks 3:00 Arm Chair Travel 6:30 Bowling	9:00 Daily Chronicle/News 10:00 Sensory Games 11:00 Chair Yoga 1:00 Meditation Music 2:00 Crosswords & Coffee 3:00 Elder Song Sing Along 4:00 Finish Lines Trivia 6:30 Ring Toss	30 9:00 Daily Chronicle/News 10:00 Creative Corner 11:00 Move & Groove 1:00 Meditation Music 2:00 Birthday Social & Music- Rhythmic Feet (CR) 3:30 Sensory Games 6:30 Corn Hole	

CHASKA HEIGHTS SENIOR LIVING | 3120 CHESTNUT STREET | CHASKA, MN 55318 | 952-361-6100

## Memory Care

## Building Strength, Purpose and Belonging



